

# HEALTHY START BABY LOVE PLUS CHILDBIRTH CLASSES 2019

Presented by:

Forsyth County Department of Public Health  
799 Highland Avenue Winston-Salem, NC 27101

## SERIES 1

6:00-8:00pm

1/10/19

1/17/19

1/24/19

1/31/19

2/7/19

## SERIES 2

6:00-8:00pm

3/14/19

3/21/19

3/28/19

4/4/19

4/11/19

## SERIES 3

6:00-8:00pm

5/16/19

5/23/19

5/30/19

6/6/19

6/13/19

## SERIES 4

6:00-8:00pm

8/22/19

8/29/19

9/5/19

9/12/19

9/19/19

## SERIES 5

6:00-8:00pm

10/17/19

10/24/19\*

11/7/19

11/14/19

11/21/19



\*Please note that there is no class on 10/31/19. Series 5 will resume on 11/7/19.

**Location: Meeting Room 2 (near the main lobby)**

## CLASS PARTICIPANTS NEED TO BRING THE FOLLOWING ITEMS:

1. Pillow or chair cushion
2. Blanket or exercise mat
3. Medicaid insurance card (if applicable)
4. Support person (father, friend, family member)

## TO REGISTER FOR CHILDBIRTH CLASSES PLEASE CONTACT:

Maternal and Child Health Education  
336-703-3206 or [hawthorj@forsyth.cc](mailto:hawthorj@forsyth.cc)

### **PLEASE NOTE: CLASSES ARE NOT FREE!!**

Non-Medicaid patients are charged the following: **\$55.00 for the Series.**  
Scholarships are available. Medicaid patients accepted.